



Sunday, March 7th 2010

5k 8:00am • 1 Mile 9:00am • Kids' 100M Dash 9:45am • Mascot Race 10:00am

GO FOR THE GOLD OR THE PIZZA...Come on out and enjoy music, refreshments, vendor booths, awards and goody bags. New this year: "The Great Waiter Chase". Catch the Angelini's Italian Restaurant waiter and WIN FREE PIZZA FOR A YEAR! Also new to the event, Yahoo Gold Exchange will be on site paying CASH for your unwanted gold at the race!!

Proceeds will benefit Children's Craniofacial Association (www.ccakids.com). Their pledge is to empower and give hope to individuals with facial differences and their families. Henry Johnson is a 7 year old 1st grader who lives in Turlock. He has Apert Syndrome and must travel with his family to Dallas, Texas for his surgical care. CCA is a non-profit organization that helps families like Henry's by providing emotional and financial help to kids in need of craniofacial surgery and care.

- **Location:** California State University Stanislaus, in Turlock, CA. Enter the University at Geer Rd. Parking is FREE.
 - **Check In:** In front of Warrior Arena, opens at 6:30am. **Walk up registration for 5k closes at 7:30am**
 - **Course:** Enjoy the lovely scenery of Stanislaus State on a 1 mile and 5k course on some grass, some dirt but mostly pavement through campus. The route is flat and fast!! Very spectator friendly .WALKERS WELCOME!!!
 - **Divisions:** Separate Men/Boys and Women/Girls categories.
 - 1 mile - Ages 5-12, 13-39, 40 and Up.
 - 5K- Ages 13-39, 40 and Up.
 - 100 Meter Dash- Kids ages 2-10 (all children in this event receive a ribbon)
 - **Awards:** Medals will be given three deep in 1mile and 5k races in all divisions on the day of the race only.
 - **T-Shirts:** Will be given to the first 100 adult and the first 50 children who pre-register. Selecting a size does not guarantee a shirt. Please register EARLY to better your chances of receiving a Henry's March t-shirt.
 - **Pre-Registration October 2009-March 3rd 2010**
 - ADULTS: 5k or 1 mile ages 13 and up (age on day of race) - \$20.00
 - KIDS: 1 mile ages 5-12 (age on day of race) - \$10.00
 - KIDS: 100 meter dash ages 2-10 (age day of race) - \$10.00
- All 5K and 1Mile fees will increase by \$10 on MARCH 4th, 2010. PLEASE REGISTER EARLY!**

Please complete the following entry and **waiver** for each participant (PLEASE PRINT). Mail both with check made payable to **CCA** to:
 Rachel Johnson/Henry's March - 1790 Milestone Way, Turlock CA 95382 -Contact Rachel at 209-664-0500

Last Name _____ First Name _____

Gender M or F Age (on race day) _____ Preferred Shirt Size (CIRCLE ONE) Youth: MD LG Adult: SM MD LG XL

Address _____ City _____ Ph. Number _____

Email address to confirm registration _____

PLEASE CIRCLE ONE: ADULT 5K \$20 ADULT 1Mile \$20 KID 1MILE \$10 KID 100M DASH \$10

HENRY'S MARCH, 2010
WARNING, WAIVER, ASSUMPTION OF RISK AND
RELEASE OF LIABILITY

This agreement is given in consideration of **my voluntary participation in Henry's March Kid's 100M Dash, Mascot Race, 1-Mile, and/or 5K race on Sunday, March 7, 2010 at the CSU Stanislaus campus.** I am in adequate physical condition and physically able to perform these athletic activities.

WARNING AND ASSUMPTION OF RISK I understand that there are inherent risks and dangers associated with participation this event. Athletic activities are physically strenuous. I further understand that participation may involve risks including but not limited to: aggravation of pre-existing injuries, injury, broken bones, spinal injury, head and brain damage, permanent injury, disabilities and even death. I agree to assume all risks, whether known or unknown to me of participating in this activity.

RELEASE: In consideration of the participation of myself and/or my child, who currently is not at least 18 years old, in the above-named event as conducted by the event organizers for the benefit of Children's Craniofacial Association (CCA), **I hereby release and hold harmless all involved parties, including CCA, the State of California, California State University, California State University Stanislaus (University), Henry's March Organizers,** event sponsors, organizers, directors, volunteers, officers, parent entities, affiliates, agents employees successors and assigns from any and all claims, actions, losses, damages or expenses (including, without limitations, attorneys' and consultant's cost, expenses and costs incurred in settling indemnified claims either before and after litigation is commenced for personal or bodily injury and property loss or damage incurred by me or my child or arising out of or in connection with my participation or the participation of my child in the athletic event. I agree that I and or my child enter and compete at my/his/her own risk in this event and related activities sanctioned by CCA.

ACKNOWLEDGEMENT AND AGREEMENT I acknowledge that I have been fully informed of the risks and dangers involved in this activity. I acknowledge that I have read, agree, and fully understand the above Warning, Waiver, Assumption of Risk and Release of Liability.

Participant Name (Print): _____ Signature: _____ Date: _____

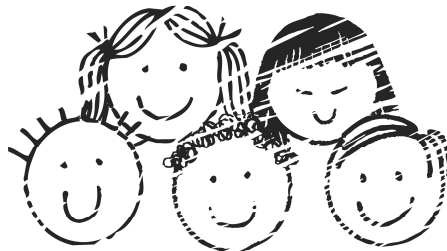
PARENT/GUARDIAN AGREEMENT (Applicable If Participant is a Minor, under 18 years old):

I am the Parent/Guardian of the below mentioned participant who is a minor child (under 18 Years old). By signing as Parent and Guardian, I agree as Parent and Guardian, on behalf of the Participant, to the entire above Warning, Waiver, Assumption of Risk and Release of Liability.

Participant Name (Print): _____ Signature: _____ Date: _____

Parent Guardian Name (Print): _____ Signature: _____ Date: _____

Emergency Contact: Name: _____ Telephone: (____) _____



children's craniofacial association

PLEASE BE ADVISED IF WE DO NOT RECEIVE YOUR REGISTRATION AND WAIVER BY **Wednesday March 3rd, 2010** YOU MUST REGISTER AT THE EVENT. REGISTRATION FEES ARE NON-REFUNDABLE. THIS EVENT IS RAIN OR SHINE. THANK YOU FOR YOUR PARTICIPATION!